INNOVATION FACTORY

CLASS SCHEDULE





MONDAYS

- Lil Hip Hoppers
- Hip Hop All Levels
- Lil Step Ballet
- Jazz
- Contemporary
- Krump
- Break Dance
- Movie Making
- DeeJaving
- Elite Dance Crew
- Adult Wellness-Cardio

TUESDAYS

- Hip Hop All Levels
- Contemporary
- Jazz Lvl 1
- Tap Lvl 1
- Elite Dance Crew
- Adult Wellness - Stretch & Flex
- Bachata
- Afro Fusion
- Podcast + Lab
- Beat Making - Lvl 1
- Coding

WEDNESDAYS

- Lil Hip Hoppers
- Hip Hop All Levels
- Freestyle
- Krump
- Baby Fresh Crew
- Lil Step Ballet
- Ballet Lvl 1
- Salsa
- Deejaving-Lvl1
- Movie Creation + Lab
- Adult Wellness-Cardio

THURSDAYS

- Hip Hop All Levels
- Contemporary
- Jazz Lvl 1
- Tap Lvl 2
- Elite Dance Crew
- Adult Wellness - Stretch & Flex
- Afro Fusion
- Adult Hip Hop
- Open Dance
- Podcast + Lab
- Beat Making - Lvl 1
- Codina

FRIDAYS

- Lil Hip HoppersHip Hop All Levels
- Contemporary
- Ballet Lvl 2
- Open Dance
- Line Dancing
- Country Line Dance
- Adult Wellness
 - Zumba
- Music-Open Lab
- Media -Open Lab

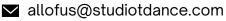
SATURDAYS

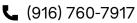
- Toddlers Creative Movement
- Mommy and MeLil Step Ballet
- Duhham Technique
- Wellness-Meditation
- Lil Hip Hoppers
- Jazz 1
- Zumba

- **Improv**
- Hip Hop- All Levels
- Conditioning
- Brek Dance









StudioTArts.org



PERFORMING ARTS













Contemporary DANCE

Jazz **DANCE**



Tap DANCE



Break DANCE AGES 12 & UP





Salsa **DANCE**

OPEN LEVEL House **DANCE**

Bachata **DANCE**





OPEN LEVEL **Photography CLASSES**

OPEN LEVEL Movie Makers CLASSES



HEALTH & WELLNESS



ZUMBA Wellness **CLASSES**

STRENGTH BUILDING Wellness **CLASSES**



MUSIC



OPEN LEVEL Beat Making CLASSES











INNOVATION FACTORY

COURSES & WORKSHOPS

These monthly workshops are designed to help families thrive while building a strong community of support. Our

courses include financial education, life and social skills training, budgeting, saving, meal prep, shopping for groceries on a budget, entrepreneurship, and so much. This is a series for the entire family.

SAC YOUTH NIGHTS AT STAE-IF

FREE Friday and Saturday nights activities for youth sponsored by the City of Sacramento.

Youth enjoy safe and fun activities from sports, movie nights, family game nights, to dancing the night away. These events are for youth and young adults ages 12-to-24-year-olds. You must be registered to attend these events.

Side Hustle Academy teaches youth and their parents entrepreneurship and financial management skills. Through this program youth will learn how to create content for Instagram, Youtube, and more. Upon program completion youth will be given the opportunity to develop a creative career with local small businesses. These are 8-16 week courses.

California's Day of Dance is the first of its kind to make its way to Sacramento! The primary goal is to inspire California to embrace dance as a fun and positive way to maintain good health, and to promote the availability of quality performing

EXTRA PRACTICE TO PREPARE FOR THE FOLLOWING PERFORMANCE OPPORTUNITIES







arts in the community.

